

### <u>Using intra oral scanning and</u> <u>CAD-CAM technology to create</u> <u>accurate and esthetic restorations</u>

**ITI** Canadian Section Meeting, Montreal

May 7, 2011



### <u>1984: Scanning & Transmission</u> <u>E.M. as a research field</u>





Philips SEM 515

Computers (ND-100) from Norsk Data were used by: •CERN

International F-16 pilot training simulator program
French aerospace agency
SEM/TEM Etc...

Transmission Control Protocol (TCP) + Internet Protocol (IP) merged to TCP/IP. New protocol was permanently activated January 1, 1983 (→ WWW (Mosaic 1993)

Object-oriented programming; "OOP" e.g. SIMULA / COBOL







8"→5.25"→3.5" floppy disks







Professor Ivar A Mjor Jan 1986: Crash of their mainframe computer containing all data accumulated in their clinical studies program over 10 years. Under file reconstruction it was discovered that all the data files were corrupted!

A computer geek dentist was required!!!











#### Professor Ivar A Mjor

**CEREC** ~1985

### 1986: Joined the clinical studies program research team

18 A. Jokstad & J. A. Mior

Cavity designs for class II amalgam restorations A literature review and a suggested system for evaluation

Asbjörn Jokstad and Ivar A. Mjör Department of Anatomy, School of Dentistry, University of Oslo, and NIOM, Scandinavian Institute of Dental Materials, Oslo, Norway

> Jokstad A, Mjör IA. Cavity designs for class II amalgam restorations. A literature review and a suggested system for evaluation. Acta Odontol Scand 1987;45:257-273. Oslo. ISSN 0001-6357.

> A classification system for variations in cavity design and finish has been developed for application on models of teeth with class II cavities for amalgam restorations. The system was based on a review of the literature, on principles for clinical studies, and on examination of models of 623 teeth in which routine class II cavity preparations had been made. Preliminary data on the agreement of rating of evaluators indicated that the classification system can be used with good consistency for assessment of variations in cavity preparations. Longitudinal clinical studies on the performance of restorations will be decisive for the validity of the selected criteria and for a relevant differentiation between acceptable and unacceptable preparation features. D Conservative dentistry; failure of restorations; longevity of restorations: operative dentistry

> Asbjörn Jokstad, Department of Anatomy, Dental Faculty, P.O. Box 1052 Blindern, University of Oslo, N-0316 Oslo 3, Norway



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ACTA ODONTOL SCAND 42 (1981)

SEN Pictures Figs. 1-6. SEM micrographs of a class-II cavity preparation made in 1979. Figs. 1, 3, and 5 are 10-year-old negative replicas made of a condensation silicone elastomer, while Figs. 2, 5, and 6 are 10-year-old positive replicas made of epoxy. Magnification: Figs. 1 and 2, ×10: Figs. 3 and 4, distobaccal fissare on Fig. 1, ×75; Figs. 5 and 6, mesiobaccal fissare on Fig. 1, ×200. The light gray zones on the worface on the opport replicas are presumably enused by a chemical interaction between the impression material and the epoxy material at the time of custing



### <u>1995: Opto-electronic Jaw Motion</u> <u>Capture System + EMG (Biopac)</u>





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\$ 75.000
invested by the
Prosthodontic
department

Complexity was too high! A computer geek dentist needs to be found!!!

### <u>1995: Opto-electronic Jaw Motion</u> <u>Capture System + EMG (Biopac)</u>







Infrared light 40MHz

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Reflectors

Triangulation

**Calibration frame** 

2 IR cameras/detectors  $\rightarrow$  graphics controller  $\rightarrow$  oscilloscopes + EMG  $\rightarrow$  PowerMac

### Opto-electronic Motion Capture System

Chewing Movements in TMD Patients and a Control Group Before and After Use of a Stabilization Splint

Una Soboleva, DDS, MSc<sup>a</sup> Asbjørn Jokstad, LDS, Dr Odont<sup>b</sup> Thomas Eckersberg, LDS, MSc<sup>c</sup> Bjørn L. Dahl, LDS, Dr Odont<sup>d</sup>

**Purpose:** This study assessed the effect of using an occlusal stabilization splint in the maxilla for 6 weeks on certain parameters of chewing movements in subjects with and without temporomandibular disorder symptoms. **Materials and Methods:** Twelve male and 30 female temporomandibular disorder patients with and without a prior whiplash incidence, and individuals without signs and symptoms of temporomandibular disorders participated. The participants formed three groups matched according to gender and age ( $n = 3 \times 14$ ). A maxillary stabilization splint was used during sleep for 6 weeks. An optoelectronic system (MacReflex, Qualisys) was used to record chewing movements at baseline, before using the splint, and after 6-weeks' use of the splint. Calculated parameters were the duration of the chewing cycles, the spatial displacement, and the









#### <u>E.Microscopy</u> $\rightarrow$ Computing $\rightarrow$ Clinics 10,040 JEOL 10,000 Shipped 2005 a di secieta **SEM of Choice** 8251 for 31 Years 1997 Generation JSM-5600 3rd 95→ Research Fellow 1993 JSM-5800 Generation Znd $98 \rightarrow \text{Restorative D.},$ 1988 JSM-5200 Assoc Prof. $\rightarrow$ Prof. University of Oslo 1974-79 79-82 -84-92 82 84 **Research Asst.** UnderGrad. Faculty of Dentistry: Milit. Clin Dep. Anatomy Analog SEM Generation 2002→Prosthodontics in 1975 **JSM-T20** 1/624 1976 1978 1978 1983

2005→ Toronto Prosthodontics

### Mikroprosessoren i tannklinikken





### Intraoral impressions $\rightarrow$ CAD-CAM



One traditional approach in the dental clinic for fabricating FDPs







### Dr. early adopters - anno 2001

cad-esthetics /DECIM Cercon smart ceramics® Cerec 1→3 / InLab® DCS Precident Digident KaVo Everest® Lava® system



Compact unit: Digital acquisition + Design-software + Manufacturer-software + CNC-Milling (Al<sub>2</sub>O<sub>3</sub> -ceramic)

Cheaper alternative: Copy milling



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### CDT early adopters - anno 2001



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### ELEMENTS OF MODERN CAD-CAM TECHNOLOGIES IN DENTISTRY







Manufacture Process Device Applications Materials



CAD-CAM in Dentistry

Scanning Technology Acquisition Scan Items Data export format(s)



Design Software (Data import format(s)) Design applications Data export format(s)

Manufacture Software (Data import format(s)) Manufacture applications Data export format(s)



Intra oral scanning and CAD-CAM technologies have been made more accessible due to:

- Developments of Digital Technologies
- Developments of Scanning Devices
- Developments of Design & Manufacturer Software
- Developments of additive and subtractive manufacturing concepts, including multi-axial milling
- Developments of Restorative Materials

### DEVELOPMENTS OF DIGITAL TECHNOLOGIES



### Early computer performance

The clock rate is the frequency of the clock in any synchronous circuit, such as a central processing unit (CPU)

Clock rate (MHz)

- <1 1971 Intel4004/ Texas Instrument TMS100
- 1 1974 Motorola/Intel8008/ZilogZ80 <u>8bit.Cp/M</u> (Commodore 64, Apple II)
- 4.77 1976/8 Intel 8086 16bit; (Compaq, IBM PC); Intel 8088 (IBM (1981))
- 8 1978 Motorola 68000 (Macintosh128k, Amiga1000)
- 6 25 1982-85 Intel 80286 DOS(1981); (IBM-AT (1984))
- 12-40 1985-90 Intel 80386 32bit; Motorola 68040 (Macintosh, Amiga, NeXT))
- 20 100 1989-94 Intel i486

1993-95 Intel Pentium, Pentium MMX → Pentium Pro

110 1994 IBM PowerPC 601 (Power Macintosh 8100)



### Computer performance today

(The clock rate is no longer considered as a reliable benchmark since there are different instruction set architectures & different microarchitectures)

<1	1971	Intel4004/ Tex	4000 MHz
1	1974	Motorola/Intel	3500
4.77	1976/8	Intel 8086 16	3000
3	1978	Motorola 6800	2000
6 - 25	1982-85	Intel 80286 D	1500
12 – 40	1985-90	Intel 80386 32	1000
20 - 100	1989-94	Intel i486; Cy	500
	1993-95	Intel Pentium,	0
110	1994	IBM PowerPC	1970, 1970, 1970, 19
133	1996	AMD K5	
500	1997	IBM PowerPC	750 (iMac <u>)</u>
0.6→140	0 1997	-02 Intel Pentiu	III (Celeron/Zeon)
0.8→300	0 2001	IBM PowerPC	C950 (PowerPC G5)
1.3→380	0 2000-	-08 Intel Pentiu	Im 4 (Pentium M/D)
1→3000	2003	AMD Athlon 6	4
			1.10





### **DEVELOPMENTS OF SCANNING DEVICES**



### **Scanning - Parameters**

Technology	Acquisition		
Optical-white stripe-ligh	itIntra-oral		
Optical-white light	Extra-oral		
Optical-stripe light	Intra&extra-oral		
Optical-laser/video			
Optical-laser-	Scan export format		
Optical-laser-confocal	Open format (e.g. ST DICOM)		
Optical-blue light	Closed		
Conoscopic Holography	у		

Mechanico-electric (laser-adjusted)

Scan Items

Antagonist

**Bite registration** 

Die

Full arch

**Implant Abutment** 

L, Model Prostheses Wax-up









### Intra oral scanning

sirona

CORD, March March 19, 1992

## П

Diagnostics and prosthetics in perfection

SERVICE MARKED STREET, CARDER COMPLET

The conversion of 12002 and 500,1222 affects for early available, from its other trapment of the destinant transmission of segments of these presents and value.



(new loops) managed linguit. . . . .

Manual and America

CEREC BlueCam / AC (1984→2006/8)

LAVA COS (2007/8)



### Laser Triangulation

**Confocal light** 

Per 2010; 4 systems (+E4D)

#### directScan



A direct scan of the patient's situation after the preparation in the patient's mouth by the dentisi enables the elimination of faults of the impression within the dental medical process.

Hint-ELs directScan closes the gap between the dential and the dential aboratory using a Hint-ELs® system for production. Hereby the company's philosophy that everybody should make what he was educated in and what he can do most economically, is consequently realized. The dentist takes the virtual impression (scans the situation in the mouth).

Hint-Els GmbH (2009)









NU



Digital Impression with the Itero device of Straumann Implants

Photographs: Slawek Bilko LHM

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milin

### DEVELOPMENTS OF DESIGN & MANUFACTURER SOFTWARE



### <u>Design / Manufacturer Software</u> <u>Parameters</u>

Import format(s)ApplicationsOpen $3 \rightarrow -16u$ -FDPsScanner-CAD bundled (Closed) (4cme  $\rightarrow$  7cm)-FDPs

Export format(s) Open (e.g. STL) CAD-CAM bundled (Closed) Crowns Customised abutments Implant-Bars In-/Onlays Meso-structures Monolithic Crowns Partial Removable Dental Prosthesis Single-unit copings Wax-ups



### <u>The sum of Hardware + Software</u> <u>Improvements</u>



CEREC 1 (~1986)

CEREC 2 (~1992) ITI

### DEVELOPMENTS OF ADDITIVE AND SUBTRACTIVE MANUFACTURING CONCEPTS, INCLUDING MULTI-AXIAL MILLING



### Manufacturing Parameters

Device - additive 3D Laser sintering 3D Printing Device - subtractive 3/3.5/4/5/6-axis-milling

w. / w.o. Sintering-furnace

#### Applications

In-/Onlays Single-unit copings Crowns Monolithic Crowns 3 → 16unit(/4 → 7cm)-FDPs Custom abutments Implant-Bars implant-Bars implant-suprastructure-Meso-structures Partial Removable Dental Prosthesis Wax-ups Materials Base alloys Gold alloys Non-precious alloys Titanium / - alloys

Composite resins Cast Resins / Wax PMMA

In-Ceram (Porous  $AI_2O_3$ )  $AI_2O_3$  (sintered) Feldspathic  $Li_2Si_2O_5$  $ZrO_2$  (porous/green state)  $ZrO_2$  (pre-sintered state)  $ZrO_2$  (sintered)  $ZrO_2$  (sintered)  $ZrO_2$  (sintered & HIP-ed state)









### Additive manufacturing



incl: 3D printing / Additive (freeform) fabrication / Layered manufacturing / Rapid prototyping/-manufacturing / Robocasting /Solid freeform fabrication (SFF)

Additive manufacturing physically constructs 3D geometries directly from 3D CAD.

- Process introduced in the mid-1980s. Original name was rapid prototyping since the first use was to make prototypes of parts without having to invest the time or resources to develop tooling or other traditional methods.
- As the process and quality controls have evolved additive manufacturing has grown to include production applications

Method	Accuracy (mm/mm) <sup>[6]</sup>	Maximum part size (mm) <sup>[7]</sup>	Process time (hh:m	1 <b>m)<sup>[8]</sup></b>	
Fused deposition modelling	0.005	254 x 254 x 254 (Stratasys) <sup>[9]</sup>	12:39		
Laminated object modeling	0.01	812 x 558 x 508 (Cubic Technologies)	11:02		
Selective laser sintering	0.005	381 x 330 x 457 (3D Systems)	4:55		
Solid ground curing	0.006	508 x 355 x 508 (Cubital)	11:21		
Stereolithography	0.003	990 x 787 x 508 (Sony)	7:03		
Robocasting	0.1 (Fab@Home &)	240 x 240 X 240 (Fab@Home &)	TBD		

#### Comparison of solid freeform fabrications methods

#### From: wikipedia.com

### <u>Additive manufacturing</u> <u>technologies: Robocasting</u>



A material is deposited at room-temperature material -- in the form of a viscous gel or ceramic slurry -- from a robotically controlled syringe or extrusion head.

The material hardens or cures (rather than freezes) after deposition



#### From: Silva ea J Prosthodont 2011

### <u>Additive manufacturing technologies:</u> <u>Selective laser sintering (SLS)</u>

- Uses a high power laser (e.g., Co2) to fuse small particles of plastic, metal (direct metal laser sintering), ceramic, or glass powders into a mass that has a desired 3-dimensional shape.
- The laser selectively fuses powdered material by scanning cross-sections generated from a 3-D digital description of the part on the surface of a powder bed. After each cross-section is scanned, the powder bed is lowered by one layer thickness, a new layer of material is applied on top, and the process is repeated until the part is completed.
- Unlike some other additive manufacturing processes, such as <u>stereolithography</u> SLS does not require support structures due to the fact that the part being constructed is surrounded by unsintered powder at all times





From: Traini ea Dent Mater 2008

### **Stereolithography (SL or SLA)**



- A additive manufacturing technology for producing models, prototypes, patterns, and in some cases, production part. The term "stereolithography" was coined in 1986.
- A method and apparatus for making solid objects by successively "printing" thin layers of the ultraviolet curable material one on top of the other.
- A concentrated beam of ultraviolet light focuses onto the surface of a vat filled with liquid photopolymer. The light beam draws the object onto the surface of the liquid layer by layer, causing polymerization or cross-linking to give a solid.

The process must be computer-controlled because of the complexity









# $\frac{\text{Milling in Dentistry} - \text{From 3 axes}}{\Rightarrow 5 \rightarrow 5 + 5 \text{ milling axes}}$









Milling machines today are manually operated, mechanically automated, or digitally automated via <u>computer numerical</u> <u>control</u> (CNC) re. e.g. torques, feed-rate, nature of cutters, etc..

Cutters for dental (5 axis)				Milling-Bur-1-XL- Used to mill pre- sintered girconia- (precise milling of-	
milling		1	Milling Bur 1 XXL Used to mill pre- sintered zisconia. (abutment)	Inc	deep).# Milling-Bur-3-U- Used-to-mill-pre- sintered-gicconia- (undercut)-#
E Zickore Zalaza	Milling Bur 4 L Used to mill pre- sintered alcooxia (rough preliminary and internal milling)		Milling Bur 2 A Used to mill pre- sintered ziscoria (abutment)		Milling-Bur-2-U- Used to mill pre- sintered girconia- (undercut) ≓
	Milling Bur 3 L Used to mill pre- sintered sippople, (rough milling)		Milling Bur 1,5 A Used to mill pre- sintered discoula (abutment)		Round-Head-Bur-2- K-Rapid-and-easy- smoothing-of- surfaces-and- undercuts¤
	Milling Bur 2 L Used to mill pre- sintered discople (defined milling/precise milling)	65	Milling Bur 0,6 A Used to mill pre- sintered ziscosia (abutment)		Milling-Bur 0,3·C· Used to mill occlusal fissures ⊭
	Milling Bur 1 L Used to mill pre- sintered ziscopia (precise milling)		Milling Bur 2W30 Used to mill screw seats		Milling-Bur-2-UR- Used-to-mill- undercuts-¤
	Milling Bur 0,5 5 Used to mill pre- sintered discopia (high precision milling)		Milling Bur 3 C Used to mill pre- sintered zirconia (2° coned flank)		Milling-Bur-2,5-UR- Used to mill- undercuts×
				From: Zir	conZahn

### <u>Milling errors compensated for by</u> <u>software algorithms</u>

- Geometrical compensation
- Force compensation
- Thermal compensation

Finite Element Modeling calculations



- Errors in the final dimensions of the machined part are determined by the accuracy with which the commanded tool trajectory is followed, combined with any deflections of the tool, parts/fixture, or machine caused by the cutting forces
- Sophisticated error compensation algorithms reduce the effect of geometric errors in the machine structure
- High performance axis drives coupled with modern control algorithms improve the cutting tools' trajectory







### **Submarine's propellers**



 as thin as possible so the submarine can produce low noise
 as strong as possible so the submarine can achieve speed
 The accuracy of parts produced in milling is crucial in highprecision industry

•No advanced milling technology = no possibility for production



State-of-the-art manufacturing of propellers
1.Bronze continuous/industrial casting
2.Quenching
3.Milling
4.Berillium layer on the bronze
5.Repeat milling



"Акула"

### **CoCom**



**CoCom** is an acronym for *Coordinating Committee for Multilateral Export Controls*. CoCom was established by Western bloc powers in the first five years<sup>[1]</sup> after the end of World War II, during the Cold War, to put an arms embargo on COMECON (Warsaw Pact) countries.

CoCom ceased to function on March 31, 1994

Magyar vontatkozású COCOM-listás termékek [szerkesztés]

- Informatika (A "turista importban" bejutó termékekre pedig a magyar kormány vetett ki magas várnot)
  - Hardver
    - Commodore 64
    - Ethernet hálózati eszközök (1990-ig)
    - IBM számítógépek
      - · IBM PC XT és AT
        - A Magyarországra került gépeket általában alkatrészként szétszerelve hozták be, és rakták össze [7]
      - Mainframe-ek
        - 9221 Model 150 [0]
        - 5110 (BASIC és APL nyelven programozható, 8" floppy disk, 64 kB memória [9]
    - Apple Macintosh [10]
    - Digital Equipment Corporation termékek kilencven százaléka [11][12]
      - PDP, VAX (a KFKI-n visszafejtették a gép működését, ebből lett a TPA Tárolt Programú Analizátor. Ritka esetekben a TPA átcímkézett és becsempészett PDP és VAX gépeket is jelentett)
    - Amiga
    - 4 GB-ot meghaladó kapacitású merevlemez <sup>[13]</sup>
  - Szoftver
    - . A.t.PAD



a composite ov az 1500-as evek középen kerük le a COK listáról



During this same period the U.S. Government was pushing its Allies to increase the resources they devoted to export licensing and enforcement. The plans for increased effort fell on deaf ears until the uncovering the now-famous sale of precision machine tools and software by Kongsberg Vaapenfabrik of Norway and the Toshiba Machine Company of Japan. In the fall of 1986, U.S. intelligence agencies discovered an on-going scheme by these two companies to supply nine-axis submarine propeller milling machines and the necessary software to the Soviet Navy propeller production facility in Leningrad--the Baltic Shipyard. The equipment included computer-aided design and computer aided manufacturing software, socalled CAD/CAM, as well as the numerical controllers from Kongsberg and the actual machine tools supplied by Toshiba Machine. The transaction began in 1981 and continued until the time of its discovery in 1986. It involved shipment and installation of the machine tools, as well as modification of the software to meet the specifications of the shipyard.

Victor I





Submarine and noise level. US vs Russians

Severodvinsk

SNN-774

2010



### **DEVELOPMENTS OF RESTORATIVE MATERIALS**



### <u>Examples of prefabricated</u> <u>blanks for supra-constructions</u>



#### ø99 mm x 10 - 25mm



#### Milling units

T

### Zirconia milling substrates are not alike! 1/3



TZP=(tetragonal zirconia polycrystals)

	%
$ZrO_2 / Y_2O_3$	95 / 5
$ZrO_2 / Y_2O_3 / Al_2O_3$	95 / 5 / 0.25
$ZrO_2 / Y_2O_3$	90 / 10
$ZrO_2 / MgO$	96.5 / 3.5
$ZrO_2 / Al_2O_3 / Y_2O_3$	76 / 20 / 4
	$ZrO_{2} / Y_{2}O_{3}$ $ZrO_{2} / Y_{2}O_{3} / Al_{2}O_{3}$ $ZrO_{2} / Y_{2}O_{3}$ $ZrO_{2} / MgO$ $ZrO_{2} / Al_{2}O_{3} / Y_{2}O_{3}$

Great variations:HardnessFracture resistanceTension strengthGrain sizeElasticity moduleOpacitySintering timeImage: Construct of the strength of th





### Zirconia milling substrates are not alike! 3/3



3 point

4 point

biaxial flexural test



### <u>Prefabricated blanks for</u> <u>customised implant abutments</u>

### **ESSENTIALS**:

 It's the <u>Doctor's responsibility</u> to maintaining the control of and overview of the chain of materials and fabrication methods

Fabrication processes and material choices may be incompatible
Stay with a validated concept or upgrade your knowledge about modern material properties as well as modern additive & subtractive manufacturing methods



IT

### <u>CAM fabricated bodies – a concern</u> today for problems tomorrow?

Proc Inst Mech Eng H. 2005 Jul;219(4):233-43.

#### Near-surface damage--a persistent problem in crowns obtained by computer-aided design and manufacturing.

Rekow D, Thompson VP.

College of Dentistry, New York University, New York, NY, USA. edr1@nyu.edu

#### Abstract

Robust dental systems obtained by computer-aided design and manufacture (CAD/CAM) have been introduced and, in parallel, the strength of the ceramic materials used in fabricating dental crowns has improved. Yet all-ceramic crowns suffer from nearsurface damage, limiting their clinical success, especially on posterior teeth. Factors directly associated with CAD/CAM fabrication that contribute to the degree of damage include material selection and machining parameters and strategies. However, a number of additional factors also either create new damage modes or exacerbate subcritical damage, potentially leading to catastrophic failure of the crown. Such factors include post-fabrication manipulations in the laboratory or by the clinician, fatigue associated with natural occlusal function, and stress fields created by compliance or distortion within the supporting tooth structure and/or adhesive material holding the crown to the tooth. Any damage reduces the strength of a crown, increasing the probability of catastrophic failure. The challenge is to understand and manage the combination of competing damage initiation sites and mechanisms, limitations imposed by the demand for aesthetics, and biologically related constraints.

### **Dental Milling centres**





